

Coaching Questionnaire Form

With Coach Ashley

The following questions are designed to help me to get to know you on a deeper level + understand how I can best support you and your goals.

Please write your answers in an email and number accordingly.

Send to liontribe.net@yahoo.com

Contact Information

Email Address:

Full Name:

Social Media Channels (please list your handles or links):

1. How did you hear about me?

2. What made you decide to start coaching?

3. Have you ever worked with a life coach or any type of coach before?

If so, how was that experience for you?

4. What is your current biggest challenge related to your life?

5. What would you love to accomplish in your life over the next 3 to 6 months?

6. What do you think is the number one thing keeping you from reaching your desired level of breakthrough?

7. What does success look like for you?

8. On a scale of 1 to 10, how important is it for you to achieve the results you desire?

9. What fears or objections do you have about investing in a life coach? (Be real! The more honest you are, the better I can support and guide you.)

10. What additional information do you feel is important for me to know?

11. Do you spend quiet time with God?

If yes, how often? Please explain what this time looks like for you:

12. How would you explain your relationship with Jesus?

13. Do you have any questions for me?

Thank you so much for taking the time to fill out this questionnaire. I'm excited for what is ahead.

Ashley the Faith Coach