

## S.O.A.P. Journaling

## Building a Solid Foundation for Learning to hear from God in your everyday life.

**SCRIPTURE:** CHOOSE A SCRIPTURE (1-3 verses) THAT STANDS OUT TO YOU. There may be a verse that jumps out of the page to you. If there is not a verse that is standing out, simply choose one that you find interesting. Then write it out completely.

**OBSERVATION:** Now write down what you feel this verse is saying to you or you can rewrite it in your own words.

**APPLICATION:** Now is the time to focus on applying this verse to your life. Write down how you will act, think or speak differently because of what you just learned.

**PRAYER:** Write a prayer to the Lord about what you have just learned.

Keep all of your SOAP's in one journal.

#1 Goal when we read the Word is *learning how to apply it to our everyday life* and allow the Word to work on us. Renew us. Build us. Change us.

In turn we will start to grow closer to Jesus and to His heart.

The Bible is the Word of God. It is important to understand that when we study His Word, we are getting to know Him.

We cannot connect with Jesus in close relationship without having a close relationship with His Word.

Build a relationship with His word and His Spirit. John 1:14

I am cheering you on!!

Coach Ashley